

# Giddy Up Get Down

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Simon Ward (AUS) & Maddison Glover (AUS) - September 2025

Musique: Giddy Up - Twinnie : (Album: Giddy Up)



**Notes:** Tag at the end of wall 2 (facing front wall), Restarts on walls 3 & 5 (facing back wall)  
Dance starts on vocals after the crack of the whip on the word "Once".

**Ending:** You will be facing 6:00. Dance up to count 36 (after left samba whisk) then step right to right side, looking over right shoulder to 12:00 with right hand on right buttock cheek.

## [1-8] Full turn R, Chasse R, Cross/rock L, Recover R, ¾ turn L

- 1-2 Step right to right side turning ¼ turn right 3.00, Step left back turning ½ turn right 9.00
- 3&4 Make a further ¼ turn right stepping right to right side, Step left beside right, Step right to right side 12.00
- 5-6 Cross/rock left over right, Recover weight back on right 12.00
- 7-8 Step left to left side turning ¼ turn left 9.00, Step right back turning ½ turn left 3.00

## [9-16] Shuffle back L, Shuffle back R, L coaster/cross, R side, L touch, L side, R touch

- 1&2 Step left back at left, Cross/step back right over left, Step left back at left 3.00 (small steps)
- 3&4 Step right back at right, Cross/step back left over right, Step right back at right 3.00 (small steps)

(open your shoulders back on the above shuffles for styling)

- 5&6 Step left back, Step right beside left, Cross/step left over right 3.00
- &7&8 Step right to right side, Touch left beside right, Step left to left side, Touch right beside left 3.00

## [17-24] R side, Hold & drag L, L behind, R side, Cross/step L, R side, L recover, Cross/step R, ¼ R

- 1-2 Large step right to right side, Hold whilst dragging left heel towards right 3.00
- &3-4 Step left behind right, Step right to right side, Cross/step left over right 3.00
- 5-6 Rock/step right to right side, Recover weight onto left 3.00
- 7-8 Cross/step right over left, Step left to left side turning ¼ turn right 6.00

## [25-32] R back, Hold & drag L, L ball change, Step L forward, Heel switches, Cross/step L

- 1-2 Large step back on right, Hold whilst dragging left heel back 6.00
- &3-4 Step ball of left back, Recover weight onto right, Step left forward 6.00
- 5&6& Touch right heel forward, Step right beside left, Touch left heel forward, Step left beside right 6.00
- 7&8 Touch right heel forward, Step right beside left, Cross/step left over right 6.00

**\*\*Restart here on Walls 3 & 5 facing back wall**

## [33-40] R samba whisk, L samba whisk, Walk around ¾ R with R cross chasse

- 1&2 Step right to right side, Rock/step ball of left behind right, Recover weight onto right 6.00 (Samba style)
- 3&4 Step left to left side, Rock/step ball of right behind left, Recover weight onto left 6.00 (Samba style)
- 5-6 Step right to right turning ¼ turn right, Step left forward turning 1/8 turn right 10.30 (walk around)
- 7&8 Turn a further 3/8 turn right cross/stepping right over left, Step left to left side, Cross/step right over left 3.00

## [41-48] L samba whisk, R samba whisk, L fwd at diagonal, ½ L, L coaster step

- 1&2 Step left to left side, Rock/step ball of right behind left, Recover weight onto left 3.00 (Samba style)

- 3&4 Step right to right side, Rock/step ball of left behind right, Recover weight onto right 3.00 (Samba style)
- 5-6 Turn  $\frac{1}{8}$  L stepping left forward 1.30, Step right back turning  $\frac{1}{2}$  turn left 7.30
- 7&8 Step left back, Step right beside left, Step left forward 7.30

**[49-56] R Botafogo traveling fwd, L Botafogo traveling fwd, R jazz-box turning  $\frac{1}{4}$  R**

- 1&2 Travelling forward - Cross/step right over left, Rock/step left to left, Recover weight onto right 7.30 (Samba style)
- 3&4 Travelling forward - Cross/step left over right, Rock/step right to right, Recover weight onto left 7.30 (Samba style)
- 5-6 Cross/step right over left, Step left back turning  $\frac{1}{4}$  turn right 10.30
- 7-8 Step right to right side, Step left forward 10.30

**[57-64] Samba fallaway diamond  $\frac{1}{2}$  turn R, V step with arms turning  $\frac{1}{8}$  R, Cross/step L**

- 1&2& Cross/step right over left, Step left slightly to left turning  $\frac{1}{4}$  turn right, Step right back 1.30
- 3&4& Step left behind right, Step right to right side turning  $\frac{1}{4}$  turn right, Step left forward 4.30
- 5 Step right forward to right diagonal (arm option: swinging right arm out)
- 6 Step left forward to left diagonal (arm option: swinging left arm out) 4.30
- 7 Step right back turning  $\frac{1}{8}$  turn right to 6.00 (arm option: placing right hand across upper-body)
- 8 Cross/step left over right (arm option: placing left hand across right) 6.00

**RESTART**

**Tag: At the end of Wall 2 (facing front wall) -**

- 1-4 Step right to right side(1), Touch left beside right (2), Step left to left side(3), Touch right beside left and clap twice (&4)

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